

Queensland









HALF MARATHON















Queensland AUSTRALIA

10

10KM RUN





5

5KM



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Gold Coast BMW

Coast Bulletin

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IT'S YOURS TO

WELCOME FROM THE MINISTER

A very warm welcome to the ASICS Gold Coast Marathon. This year you will be joined by a record breaking 39,000 runners and sport enthusiasts from all over the world in an event that is a highlight in the Queensland events calendar.

Famous for its fast and flat course with scenic views across the Broadwater and Pacific Ocean, the ASICS Gold Coast Marathon is the perfect course for both elite and recreational runners. Each year we see this event reach new heights and the atmosphere is always memorable.

As we take another step towards the 2032 Olympic and Paralympic games, sports events like this play a vital role in our green and gold runway. They inspire and provide opportunities to the next generation of competitors and showcase Queensland to a national and international audience.

It's also a fantastic event for the local community with hundreds of volunteers contributing their time on and off the track. It also provides a huge boost for our local businesses, as visitors for the event make the most of our world-class hospitality before, during and after the race. We expect the event to generate as much as \$65 million in economic impact for the region as this city and our state is put on the global stage.

On behalf of the Queensland Government, I extend my congratulations to Events Management Queensland who manage this increasingly popular world-class event, as well as its key sponsors and partners, including ASICS whose partnership has now reached 30 years.

I encourage Gold Coast locals to get out and celebrate this homegrown success story and cheer on the thousands who have come to the region to participate. And to all participants and visitors, good luck and enjoy the experience.

Andrew Powell MP Minister for Environment and Tourism, Science & Innovation

WELCOME FROM THE MAYOR

We love setting records on the Gold Coast, on and off the marathon course.

This year's 45th edition of the ASICS Gold Coast Marathon sold out in record time. That's no surprise when you consider the incredible atmosphere which captures the entire race weekend.

The marathon weekend has something for everyone different distances, a vibrant expo and a fun-filled event entertainment lawn. I put on record my appreciation to the hundreds of volunteers as well as event sponsors for creating the festival vibe which has seen this weekend become a 'must do' race for Aussies and international visitors.

Special recognition goes to the incredible para-athletes who typify what it means to overcome adversity and take on the personal challenge of conquering 42.195km. Your spirit is infectious and I wish you every success on the Gold Coast. The ASICS Gold Coast Marathon builds on our city's major events and festival calendar and helps promote the Gold Coast to millions of race enthusiasts across the globe.

We are serious when it comes to major events and through our Sport Attraction Plan, the Gold Coast aims to become recognised as one of the best destinations to manage major sport including high-performance training camps and business conferences. Be a part of #TeamGC as we count down to the 2032 Brisbane Olympics and Paralympics.

For now, it's time for 39,000 plus runners to lace up and take on the challenge of the ASICS Gold Coast Marathon weekend. Enjoy the atmosphere and see you at the finish line.

Tom Tate Mayor

ExperienceGoldCoast.com

EXPERIENCE GOLDCOAST

WELCOME FROM THE CEO OF EMQ

THE TROPIC - BURLEIGH HEADS



It is an absolute pleasure to welcome you all to the biggest and most exciting ASICS Gold Coast Marathon in the event's history.

Over race weekend a record of more than 39,000 participants from 50 countries will compete in one or more of our nine events with each course and distance showcasing this spectacular destination.

The fact that the ASICS Gold Coast Marathon sold out in just a few days and the China Airlines Half Marathon sold out in hours is testament to a running revolution, but also to the love so many people from around the world have for our event.

It is not only the reputation we have for a fast, flat and scenic course that excites people from around the world; it's also the streets lined with excited crowds cheering and motivating participants on. It tells a story about our city and our community - how proud they are of the ASICS Gold Coast Marathon and how friendly and welcoming they are to visitors from near and far.

This year we mark 45 years for this iconic event. From just a few hundred runners in 1979 it has evolved over the years to become a force on the world marathon stage and across the Oceania region where it is the only running event to hold a World Athletics Road Race Label for both the full and half marathon.

2025 is a year for acknowledging the key milestone 45th event but importantly it's also about celebrating our naming rights partner ASICS who have been a partner for an incredible 30 years. They are unequivocally supportive of Events Management Queensland (EMQ) and our capability to deliver world class events that include; the ASICS Gold Coast Marathon and the Toowoomba Wellcamp Airport Marathon that incorporates the ASICS Half Marathon, the Pan Pacific Masters Games and our newest event, the 2026 Gold Coast T100 World Triathlon series event.

As the ASICS Gold Coast Marathon has grown, so too has our team of volunteers and the behind-the-scenes crew that help bring the event to life. They are dedicated and enthusiastic and quite frankly we couldn't do it without them. On behalf of EMQ, thank you for coming back again and again and for the newbies, thanks for being part of the team... we know you'll be back!

To all the partners and supporters, our legends and ambassadors please accept our heartfelt gratitude for being part of the 45th ASICS Gold Coast Marathon.

To the EMQ Chairman Paul Donovan and the EMQ Board who demonstrate great confidence in our ability to deliver these events - we appreciate your support. And finally, to the EMQ team who are passionate professionals focussed on delivering exceptional experiences through world-class events -t you are the best at what you do, and I am incredibly proud of you all.

Congratulations on taking up the challenge to participate in the 2025 ASICS Gold Coast Marathon. Good luck to you all – we hope you have a fantastic experience. We look forward to seeing many PBs and lots of smiling faces at the finish line.

Ben Mannion CEO of Events Management Queensland (EMQ)

Events Management Queensland acknowledges and pays respect to the Kombumerri people of the Yugumbeh language region, the Saltwater People of the Gold Coast, as the traditional owners of the lands and waters upon which we invite and welcome participants from across the globe to experience our events.

"THIS IS HOW WE DO REST DAY"

THAT HOLIDAY FEELI

RACE START TIMES

SATURDAY 5 JULY

- 6·15ам CHINA AIRLINES HALF MARATHON First finisher from 7:15am
- 9:15AM WHEELCHAIR 10KM First finisher from 9:40am
- 9:25AM SOUTHERN CROSS UNIVERSITY 10KM RUN First finisher from 9:53am
- AUSTRALIA FAIR 2KM JUNIOR DASH 11:10am First finisher from 11:15am
- 11:30am WHEELCHAIR 5KM First finisher from 11:45am
- 11:45AM GOLD COAST AIRPORT 5KM First finisher from 11:59pm

AUDIENCE GUIDE

LIVE STREAM

Saturday: 6am to 7:45am



Sunday: 6am to 9am

Gem facebook LIVE DYOUTUbe GCM APP

Live race vision with expert commentary and special quest interviews with race winners, event ambassadors and many more.

LIVE BROADCAST (QLD TIME - AEST) Sunday: 6am to 9am **IIIGem**

RESULTS - GOLDCOASTMARATHON.COM.AU

Live tracking in the ASICS Gold Coast Marathon and China Airlines Half Marathon Live results for all races

SUNDAY 6 JULY

SOCIAL MEDIA #GCM25

DOWLOAD THE GCM APP

(Marathon & Half Marathon)

X

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Live Results

Live Split Times

Live Leaderboard Live Stream

Finish Line Camera

x.com/GCMarathon

6·10лм WHEELCHAIR MARATHON First finisher from 7:40am

6:15AM ASICS GOLD COAST MARATHON First finisher from 8:20am

START & FINISH LOCATIONS

The start and finish lines for all events at the ASICS Gold Coast Marathon are located at the Race Precinct at the Broadwater Parklands in Southport.



PERFORMANCE REDEFINED.

It's endurance that carries you further. It's movement made efficient. It's the power to go the distance - day after day. Performance is electric.

Experience the drive that takes you beyond, in refined comfort, with Gold Coast BMW - the Official Vehicle Partner of the 2025 Gold Coast Marathon

Leading the way this year is the new BMW X3 30e Plug-in Hybrid, the official pace car of the marathon. A seamless fusion of electric innovation and petrol efficiency, the X3 30e is sustainably engineered to go wherever ambition leads. The future of performance is here - and it's ready for anything.

FIND OUT MORE

Gold Coast BMW

285 Southport Nerang Rd, Southport QLD 4215 (07) 5557 7999 goldcoastbmw.com.au LMCT 4226708

LIVE STREAM Queensland ∂asics GOLD COAST ≈ Queensland ∂asics | GOLD COAST ₩ facebook.com/GCMarathon LIVE STREAM SUNDAY - 6 JULY 2025 SATURDAY - 5 JULY 2025 instagram.com/GCMarathon GAM START 6AM START youtube.com/GCMarathon 6:10AM WHEELCHAIR MARATHON CHINA AIRLINES HALF MARATHON 6:15AM tiktok.com/@goldcoastmarathon ASICS GOLD COAST MARATHON 6:15AM HOW TO WATCH WEBSITE - goldcoastmarathon.com.au HOW TO WATCH facebook LIVE VouTube SCM APP HIGEM Facebook LIVE D YouTube M GCM APP Track multiple runners on course DOWNLOAD THE APP AYANA

THIRTY YEARS. ONE ICONIC PARTNERSHIP.

The power of running to inspire, unite, and transform.

From humble beginnings to the global stage, the Gold Coast Marathon and ASICS have run side by side for three decades. Through it all, we've honoured the history, the community, and the spirit that continues to drive us forward.

Through determination, grit, and heart, we've witnessed records broken, legends born, and thousands of runners discovering something greater than the finish line an enduring connection between a sound mind and a sound body.

This is more than a marathon. It's every step of the journey, every moment of challenge, every story of resilience that brings us together.

We celebrate 30 years of partnership, the shared passion of the running community, and the journey still ahead.





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ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE. *Limited quantity available.





Get your FREE personalised finisher video!

Sign up to OneASICS to receive your complimentary Gold Coast Marathon Finisher Video! Link to the video will be sent after the race

Available for ASICS Gold Coast Marathon, Half Marathon, 10km and 5km races.

Sign Up Now





GEL-KAYANO[™] 32 feel comfort, find stability Available for sale at the ASICS Expo Available online from 15.07.2025

Stability meets comfort

The 4D GUIDANCE SYSTEM[™] – our most premium stability system with advanced geometry is designed to guide the foot forward from landing through toe-off.

Plush cushioning

Lightweight FF BLAST™ PLUS cushioning creates a soft, comfortable running experience featuring more forefoot foam than ever for improved comfort over long runs.

Soft landings PureGEL[™] technology delivers enhanced shock absorption and soft, cushioned landings every time.



A lighter footprint for a brighter tomorrow The GEL-KAYANO[™] 32 shoe's carbon footprint is 29% lower than the industry average and has a carbon footprint of 10.3kg CO2e/pair.*





LEARN MORE ABOUT OUR CARBON FOOTPRINT

*Assessed using ASICS' carbon footprint methodology version 1.1 and the most comprehensive reporting available for industry average running shoes, conducted by MIT (report).



ASICS GOLD COAST MARATHON

10:10am

START TIME Sunday 6 July, 6:15am

ON STAGE PRESENTATION 9:40am

FINISHER REWARDS

PLACEGETTER PRIZE MONEY

4TH - \$2.000 5TH - \$1.000

for elite participants visit

CHAMPIONSHIPS

RECOMMENDED ARRIVAL TIME 5:15am

Queensland Marathon Championships

1ST - \$20,000 2ND - \$8,000 3RD - \$5,000

goldcoastmarathon.com.au/prize-money

Oceania Area Marathon Championships

Australian Defence Marathon Championships

Australian Masters Athletics Marathon Championships Queensland Masters Athletics Marathon Championships

Queensland Marathon Championships UniSport Nationals Distance Running

CUT OFF TIME FOR RUNNERS (GUN TIME) 6 hours 40 minutes

Oceania Area Marathon Championships 10:00am

Official finisher shirt, GCM25 gift, medal and certificate

For the full prize money and incentive money schedule

asics.

RACE RECORDS

MEN	Naoki Koyama	JPN	2:07:40	2023
WOMEN	Yuki Nakamura	JPN	2:24:22	2024

2024 WINNERS

MEN	Timothy Kipkorir Kattam	KEN	2:08:52
WOMEN	Yuki Nakamura	JPN	2:24:22

TOP 10 ALL TIME PERFORMANCES

MEN				
1	Naoki Koyama	JPN	2:07:40	2023
2	Yuta Shitara	JPN	2:07:50	2019
3	Barnabas Kiptum	KEN	2:08:02	2019
4	Zane Robertson	NZL	2:08:19	2019
5	Ezekiel Kemboi Omullo	KEN	2:08:26	2023
6	Liam Adams	AUS	2:08:39	2023
7	Kenneth Mungara	KEN	2:08:42	2015
8	Timothy Kipkorir Kattam	KEN	2:08:52	2024
9	Silah Limo	KEN	2:08:54	2015
10	Evans Kipkogei Ruto	KEN	2:08:55	2015
WOME	N			
1	Yuki Nakamura	JPN	2:24:22	2024
2	Lindsay Flanagan	USA	2:24:43	2022
3	Ruth Chebitok	KEN	2:24:49	2018
4	Kumeshi Sichala	ETH	2:25:25	2024
5	Abebech Bekele	ETH	2:25:34	2017
6	Lisa Weightman	AUS	2:25:55	2022
7	Visiline Jepkesho	KEN	2:26:17	2024
8	Jessica Stenson	AUS	2:26:31	2018
9	Misato Horie	JPN	2:26:40	2016
10	Rodah Jepkorir Tanui	KEN	2:27:10	2023

THE CONTENDERS

ELITE MEN







RACE INFORMATION goldcoastmarathon.com.au/races/marathon 7 Visitine Jepkesno KEN 2.26.17 8 Jessica Stenson AUS 2:26:31 9 Misato Horie JPN 2:26:40 10 Rodah Jepkorir Tanui KEN 2:27:10

INTERESTING STATS

Most wins (M): 4 - Pat Carroll (AUS) Most wins (W): 4 - Margaret Reddan (AUS) Most consecutive wins: 3 - Margaret Reddan (AUS) {84-86} Most race sub 2:10 times (M): 4 - Kenneth Mungara (KEN) 2025 will be Yuki Kawauchi's 12th time running the ASICS Gold Coast Marathon

ASICS GOLD COAST MARATHON

asics

ACICO COL D COACT MADATUON EL ITE DIINNEDO

MOST COMPETITIVE FIELD IN HISTORY TO TAKE ON THE ASICS GOLD COAST MARATHON MEN

Eleven male runners boasting a sub 2:10 PB will make up a fleet footed, competitive field to mark the 45th running of the ASICS Gold Coast Marathon this year.

Ethiopian Gizealew Ayana will take the start line with the fastest PB 2:07:15, winning his debut marathon against a guality field in the 2023 Paris Marathon. He'll need to channel the winning vibes on the Gold Coast course to outrun Kenyan Matthew Samperu (2:07:25), Japan's 2013 Gold Coast Marathon winner Yuki Kawauchi (2:07:27) and fellow Ethiopian Derese Workneh (2:07:46).

Also boasting sub 2:10 PBs and with five out of the last ten Gold Coast Marathon men's winners hailing from Japan, Japanese runners Mizuki Higashi (2:08.03). Yuki Kakei (2:08:06), Ryoma Takeuchi (2:08:40) and Rvuichi Hashimoto (2:09:40) will also be doing their best to uphold the successful reputation the country has in marathon running in Australia.

Winner of the 2024 Macau International Marathon, the third elite Ethiopian man in the field Fikadu Debele will be looking to better his six-year-old PB (2:08:27) on the fast and flat course.

Mongolian Marathon national record holder and the senior in the marathon field at 43, Ser-od Bat-ochir (2:08:50) will be an athlete to keep an eye on with years of experience including six Olympic Marathons. He'll have fellow Mongolian Olonbayar Jamsran (2:08:58) hot on his heels and keen to break the national record and make his mark in the country's elite athlete roll of honour.

Other runners to add to the elite field and potential for a podium finish include Canadian Thomas Broatch (2:10:35), USA's Josh Izewski (2:10:54), a pair of young Kenyans in Athanas Kioko (2:10:56) and Vincent Kiprono (2:11:49) and a trio of young Japanese marathon debutants, Yuto Imae, Tatsuva Tsunashima and Aoi Ota.

The fastest Aussie striding out the 42.195km, Reece Edwards (2:13:23) is hot favourite to take out the 2025 Oceania Marathon Championships. He will be challenged by fellow Australians Alex Harvey (2:15:58), Brad Kahlefeldt (2:19:19) and Steven Mckenna (2:19:26) as well as New Zealanders Chris Dryden (2:18:10), Jordan McLennan (2:19:41) and Julian Oakley (Debut).

The current men's race record is 2:07:40 set by Japan's Naoki Koyama in 2023.

WOMFN

The women's field is headlined by the 2019 and 2023 Gold Coast Marathon winner. Rodah Tanui (2:23:14) from Kenya. In her two previous trips to the Gold Coast she has got on the plane home with the winner's trophy, and she is hoping to make it a perfect three from three this year.

Tanui will be challenged by two fellow Kenyan athletes including 44 year-old Caroline Kilel (2:22:34), winner of the 2011 Boston Marathon and silver medallist at the 2014 Commonwealth Games and first time Gold Coast Marathon contender Rebecca Chesir (2:24:25).

Khishigsaikhan Galbadrakh (2:26:32) from Mongolia twill be closely followed by 23-year-old Ethiopian ASICS sponsored athletes. Alemtsehav Zerihun (2:27:39) and debut marathoner Tegest Ymer who are looking to Gold Coast as a breakthrough race onto the world marathon circuit.

Top contender for the female Oceania Marathon Championship, Australia's Milly Clark (2:26:59) who placed second in the 2019 Gold Coast Marathon will be looking to outrun a guality field when she lines up for the signature race this year.

The elite women's field also includes Hong Kong marathon national record holder, Kit Ching Yui (2:31:24), Indonesia's Odekta Naibaho (2:34:05), Rochelle Di Masi (2:34:45), Kobe Marathon representative Natsuki Ogawa (2:36:42), Gold Coast based Estonian born Riine Ringi (2:36:51) and Ella McCartney (2:38:43) rounding out the women's elite field contesting the 2025 ASICS Gold Coast Marathon.

The current women's race record is 2:24:22 set by Japan's Yuki Nakamura in 2024.

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		KEN) PB 2:07:25			RODAH TANUI	(KEN)	PB: 2:23:14
		JPN) P8: 2:07:27 ETH) P8: 2:07:46			CAROLINE KILEL	(KEN)	PB: 2:22:34
		JPN) PB 2:08:03			REBECCA CHESIR	(KEN)	PB: 2:24:25
		JPN) PB:2:08:06		A A	KHISHIGSAIKHAN GALBADRAKH		PB: 2:26:32
		ETH) PB: 2:08.27		***	MILLY CLARK	(AUS)	PB: 2:26:59
			the second s		ALEMTSEHAY ZERIHUN	(ETH)	PB: 2:27:39
		MGL) PB:2:08:50		*	KIT CHING YUI	(HKG)	PB: 2:31:24 (I
		MGL) P8:2:08:58 JPN) P8:2:09:40		-	ODEKTA ELVINA NAIBAHO	(INA)	PB: 2:34:05
		JPN) P8:2:10:32		*	ROCHELLE DI MASI	(AUS)	PB: 2:34:45
		CAN) PB 21035			NATSUKI OGAWA	(JPN)	PB: 2:36:42
		USA) PB: 2:10:54		-	RIINE RINGI	(EST)	PB: 2:36:51
	ATHANAS KIOKO 👔		C	** *	ELLA MCCARTNEY	(AUS)	PB: 2:38:43
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CHINA AIRLINES HALF MARATHON

RACE RECORDS MEN

WOMEN Keira D'Amato USA 1.06.30

2024 WINNERS

MEN **WOMEN** Leanne Pompeani AUS

Keira D'Amato

Lisa Weightman

Leanne Pompeani

Leanne Pompeani

Ellie Pashley

EN				
Benson Masya	KEN	1:01:16	1992	
Steve Moneghetti	AUS	1:01:48	1993	
Tadesse Gebre	ETH	1:01:48	1993	
Stephen Mayaka	KEN	1:01:58	1994	
Dickson Marwa	TAN	1:02:09	2009	
ΙΟΜΕΝ				

CHAMPIONSHIPS

FINISHER REWARDS

PLACEGETTER PRIZE MONEY

for elite participants visit

Australian Half Marathon Championships UniSport Nationals Distance Running

goldcoastmarathon.com.au/prize-money

START TIME Saturday 5 July, 6:15am

RECOMMENDED ARRIVAL TIME 5:15am

ON STAGE PRESENTATION 8:45am

CUT OFF TIME FOR RUNNERS (GUN TIME) 3 hours 20 minutes

Australian Half Marathon Championships 8:55am

For the full prize money and incentive money schedule

Official finisher shirt, medal and certificate

1ST - \$5,000 **2ND** - \$2,500 **3RD** - \$1,000

RACE INFORMATION

goldcoastmarathon.com.au/races/half-marathon

Benson Masya KEN 1992 1:01:16 2023

Andy Buchanan AUS 1:02:25 1:09:20

TOP 5 ALL TIME PERFORMANCES

V				
Benson Masya	KEN	1:01:16	1992	
Steve Moneghetti	AUS	1:01:48	1993	
Tadesse Gebre	ETH	1:01:48	1993	
Stephen Mayaka	KEN	1:01:58	1994	
Dickson Marwa	TAN	1:02:09	2009	
MEN				
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USA

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1:06:39

1:09:00

1:09:07

1:09:20

1:09:25

2023

2010

2023

2024

2023

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- Snag a Cute Giveaway
- Get a 10% Off Flight Discount Voucher

Snap our plane balloon and enter to WIN

3476

 \Box

Event Highlight

Win A Trip To China Airlines Marathon in Taiwan

- 2 x Premium Economy return flights to Taiwan
- 2 x Entries to the China Airlines Starry Night Run

INTERESTING STATS

Most wins (M): 2 - Brett Robinson (AUS), Martin Dent (AUS), Jeff Hunt (AUS), Patrick Nyangelo (TAN), Jack Rayner (AUS)

Most wins (W):

3 - Lisa Weightman (AUS), Takako Kotarida (JPN), Jenny Lund (AUS) 2 - Sara Hall (USA), Eloise Wellings (AUS)

NC

CHINA AIRLINES HALF MARATHON PREVIEW SCHINA

CHINA AIRLINES HALF MARATHON ELITE RUNNERS

AUSSIES UP AGAINST SPEEDY INTERNATIONAL ATHLETES IN CHINA AIRLINES HALF MARATHON MEN

Australians will feature heavily on the start line for the 2025 China Airlines Half Marathon with national half marathon record holder Brett Robinson (59:57) lining up with Aussie national marathon record holder and last year's winner of the event Andy Buchanan (1:00:28) and second placegetter Isaac Heyne (1:01:13).

Liam Boudin (1:01:40) and Australian 10km national record holder, Sam Clifford (1:02:00) round out the top five Australian men who will also all be competing for the 2025 Australian Half Marathon Championships title as well as overall race glory.

The Australians will need to fend off a serious challenge from Japan led by Yuma Nishizawa (1:00:29) who recently placed third in the 2025 All Corporate Half Marathon Championships in Yamaguchi. Nishizawa will be joined by four countrymen in Hideyuki Tanaka (1:00:43), Yoshiki Oshiro (1:00:43) and Jun Nobuto (1:00:56) who all have great prospects for a podium finish in their first Gold Coast event.

To add to the international field Chinese runner Yue Hong (1:02:15) will contest his first half marathon on the Gold Coast whilst New Zealand's Oli Chignell (1:03:22), Matthew Baxter (1:04:12) and Cameron Graves (1:04:17) will look to achieve new goals on the Gold Coast and take a swag of new PBs home across the ditch.

Hong Kong's national half marathon record holder, Wan Chun Wong (1:04:30) will bring his best form to the race to challenge the male field where any of the top seeds could take line honours.

Joel Tobin-White (1:02:03), Tom Do Canto (1:02:15), Ryan Gregson (1:03:00), Jacob Cocks (1:03:57) and debut half marathon young guns James Hansen, Hamish Longworth and Will Garbelotto round out a quality Aussie half marathon field.

The China Airlines Half Marathon is stacked with form and boasts a male field peppered with experience and enthusiasm. Contenders will be out to take down Benson Masya's long-standing 1992 race record of 1:01:16 and etch their names in the Gold Coast event's history and roll of honour. The Australian all-comers record of 1:01:11 set by Pat Carroll in 1994 could also be in jeopardy.

WOMEN

Winner of the 2024 Gold Coast Half Marathon and three-time Gold Coast 10km winner Leanne Pompeani (1:09:01) is aiming for a back-to-back win this year. Following a 2:24:53 finish and posting the fastest debut marathon by an Australian woman at the 2025 Nagoya Marathon, Pompeani is in fine form to lead out a talented pack in the 2025 China Airlines Half Marathon.

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Sea half (1:0)seri

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asoned trophy winner in both the marathon and If-marathon on the Gold Coast, Olympian Jess Stenson 09:04) will join Pompeani on the start line amidst a rious group of international challengers.		 Hide Yosi Jun Xaa 	HIKI Nob
pan's Yuri Mitsune and Wakana Itsuki (both 1:10:23 s) and Aiwa Sakaguchi and Madoka Nakano (both 1:18 PBs) are all in contention for a podium finish d will challenge the leading Australians.	14	 SOTA LIAN SAM JOEL 	I BOI
unding out a quality women's elite field in the .0975km event are Australian's Tara Palm (1:10:55), nner of the 2024 Southern Cross University 10km run the Gold Coast, Caitlin Adams (1:11:14), Sarah Klein 11:38) and Abigail Nordberg (1:11:53).	ESENTED	 HITO TOM YUE KEN NAO 	DO HON YA S
ina's Sufang Pan (1:13:05) will be racing for a new PB, ning the top seeds where the glory of finishing first can ly be matched by toppling the women's race record nd Australian all-comers record) of 1:06:39 set by the A's Keira D'Amato in 2023.	ta.	@asics BOLD MAR	
e China Airlines Half Marathon will start at 6:15am turday 5 July and is the first race of the record-breaking 25 ASICS Gold Coast Marathon weekend.	Cute .	BUCHAN	
		WINNER 2024 BC: HALF MARATHUN	AUSTR
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UCHANAN	(AUS)	PB: 1:00:28	3		onna Antente		in Arriton	
ROBINSON	(AUS)	PB: 59:57 (NR)	* **	LEANNE POMPEANI	(AUS)	PB: 1:09:01	
IISHIZAWA	(JPN)	PB: 1:00:29)	部門	JESSICA STENSON	(AUS)	PB: 1:09:04	
KI TANAKA		PB: 1:00:43	3		YURI MITSUNE	(JPN)	PB: 1:10:23	
I OSHIRO	(JPN)	PB: 1:00:43			WAKANA ITSUKI	(JPN)	PB: 1:10:23	
BUTO	(JPN)	PB: 1:00:56		20	TARA PALM	(AUS)	PB: 1:10:55	
IEYNE Amikawa	(AUS)	PB: 1:01:13		***	CAITLIN ADAMS	(AUS)	PB: 1:11:14	
OUDIN	(JPN) (AUS)	PB: 1:01:38			AIWA SAKAGUCHI			
IFFORD	(AUS) (AUS)	PB: 1:01:40 PB: 1:02:00			MADOKA NAKANO	(JPN)	PB: 1:11:18	
BIN-WHIT		PB: 1:02:03				(JPN)	PB: 1:11:18	
OKAHARA		PB: 1:02:09			SARAH KLEIN	(AUS)	PB: 1:11:38	
CANTO	(AUS)	PB: 1:02:13			ABIGAIL NORDBERG	(AUS)	PB: 1:11:53	
NG	(CHN)	PB: 1:02:15			SUFANG PAN	(CHN)	PB: 1:13:05	
SONOTA	(JPN)	PB: 1:02:20)					
SAKUDA	(JPN)	PB: 1:02:22	2					
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45- NI Minney	RUN GOLD COAS	57 45 5 5		st 45	RUN GOLD COAST TARA PALM	.45. RUN	CAITLIN	an Jaco
N Q	PB: 1:09:04	SECOND 2024 OC HALF MARATHON	THIRD 2025 SENDAI HALI MARATHOR PB 1:09:04	HITACH 3	WINNER 2025 BALLARAT HALE MARAHIRIN	1.10.55 WINA BC 1.	ER 2024 DKM PB 1:1	1:14

45. RUN GOLD COAST 45. RUN GOLD COAST

RUN GOLD COAST.

45

RUN GOLD COAST

SOUTHERN CROSS UNIVERSITY 10KM RUN

Southern Cross University

> 28:42 2018 2023

32:09

START TIME Saturday 5 July, 9:25am **RECOMMENDED ARRIVAL TIME** 8:25am CUT OFF TIME FOR RUNNERS (GUN TIME) 1 hours 40 minutes

ON STAGE PRESENTATION 9:15am

FINISHER REWARDS

Official finisher shirt, medal and certificate

PLACEGETTER PRIZE MONEY

1ST-\$1,000 2ND-\$750 3RD-\$500 For the full prize money and incentive money schedule for elite participants visit goldcoastmarathon.com.au/prize-money

CHAMPIONSHIPS

UniSport Nationals Distance Running

RACE INFORMATION

goldcoastmarathon.com.au/races/10km-run

STAR STUDDED FIELD TO TACKLE THE SOUTHERN CROSS UNIVERSITY 10KM RUN MEN

A star-studded field of athletes dominated by Australians will take to the start line followed by a record field of more than 6,800 participants in this year's Southern Cross University 10km Run.

Dual Olympian 3000m steeplechaser, Matthew Clarke will tackle the longer distance on the Gold Coast with a view to better his 2019 PB of 28:39. He will be challenged by 2024 NSW 10.000m Champion, Joshua Phillips (28:41) and Australian marathon team member for the Tokyo World Championships, Tim Vincent (28:59).

Riley Cocks (28:45), winner of the 2010 4km Junior Dash and race record holder for 12 years will be looking for another podium finish on the Gold Coast, a goal shared by more Aussie speedsters, Liam Cashin (29:13) who took out third place in 2023 and Arron Spiessberger-Parker (29:23) who claimed the bronze in the 2022 event.

A couple of world-class triathletes will hold the 10km runners to account this year including Australian Olympic triathlete, Matt Hauser (29:29) and T100 professional triathlete and Olympian, Jelle Geens (29:30) from Belgium.

RACE RECORDS		
MEN:	Jordan Gusman	
WOMEN:	Lisa Weightman	

2024 WINNERS

MEN: Haftu Strintzos AUS 28:53 WOMEN: Caitlin Adams AUS 33:23

TOP 5 ALL TIME PERFORMANCES MEN

Jordan Gusman	AUS	28:42	2018
Michael Shelley	AUS	28:53	2010
Haftu Strintzos	AUS	28:53	2024
Michael Shelley	AUS	28:55	2011
Isaac Heyne	AUS	29:03	2022

AUS

AUS

5

2

3

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WOMEN

Lisa Weightman Lisa Weightman	AUS AUS	32:09 32:17	2012	
Leanne Pompeani Madeline Heiner Paige Campbell	AUS AUS AUS	32:21 32:35 32:35	2018	

Less than a minute separates the PBs of the top ten seeded males and with Jordan Gusman's 2018 race record (28:42) in their sights, the scene is set for a fast and exciting challenge and a wide-open race in this year's Southern Cross University 10km Run.

WOMEN

Looking to emulate her win in the recent Launceston 10km. Australia's Ruby Smee (32:30) will need to keep an eye out for fellow countrywomen who want a piece of the podium action including, Melissa Duncan (32:41) who was third in the 2024 Gold Coast 10km and debutant in the 10km but national record holder in the U20 5,000m Amy Bunnage.

They will be challenged on the fast course by Olympian Jenny Blundell (33:20) who took second place at Launceston and Ballarat 10km races and will be doing her best to take a gold on the Gold Coast.

Kate Spencer (33:28) who claimed third place in Launceston and Georgia Hansen, the 2022 Australian Cross Country Champion, round out the pointy end of a field of Aussies looking to topple the race record set by Lisa Weightman (32:09) in 2023 and pounce on the opportunity to write their names into the event's history.



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Southern Cross University

GOLD COAST AIRPORT 5KM



RACE RECORDS

Start TIME Saturday 5 July, 11:45am
RECOMMENDED ARRIVAL TIME 10:45am
CUT OFF TIME FOR RUNNERS (GUN TIME) 1 hours 10 minutes
ON STAGE PRESENTATION 12:35pm
Queensland 5km Championships 12:45pm

FINISHER REWARDS

Official finisher shirt, medal and certificate

PLACEGETTER PRIZE MONEY

1ST- \$500 **2ND**- \$300 **3RD** - \$200 For the full prize money and incentive money schedule for elite participants visit **goldcoastmarathon.com.au/prize-money**

CHAMPIONSHIPS

Queensland 5km Championships

RACE INFORMATION

goldcoastmarathon.com.au/races/5km

minutes	MEN: Women:	Harrison Martinenko Olga Firsova	AUS AUS	14:32 15:42	2023 2023
	2024 WIN	NERS			
	MEN:	Toby Powers	AUS	14:42	
	WOMEN:	Olga Firsova	AUS	15:57	
		TIME PERFORMANCES			
	MEN				
	1	Harrison Martinenko	AUS	14:32	2023
	2	Harvey Cramb	AUS	14:36	2023
edule	3	Toby Powers	AUS	14:42	2024
cuule	4	Seth Mahony	AUS	14:47	2023
	5	Lachlan Cornelius	AUS	14:56	2023
	WOMEN				
	1	Olga Firsova	AUS	15:42	2023
	2	Holly Campbell	AUS	15:50	2022
	3	Olga Firsova	AUS	15:57	2024
	4	Georgia Winkcup	AUS	16:00	2023
	5	Olga Firsova	AUS	16:03	2022

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AUSTRALIA FAIR 2KM JUNIOR DASH

START TIME Saturday 5 July, 11:10am **RECOMMENDED ARRIVAL TIME** 10:10am **CUT OFF TIME FOR RUNNERS (GUN TIME)** 20 minutes **ON STAGE PRESENTATION** 12:15pm

FINISHER REWARDS

Participant gift, finisher medal and certificate

PLACEGETTER PRIZE MONEY

RACE INFORMATION

goldcoastmarathon.com.au/races/2km-junior-dash

RACE RECORDS				
MEN:	Kobe Stewart	AUS	6:33	2018
WOMEN:	Imogen Stewart	AUS	6:47	2016
2024 WIN	NERS			
MEN:	Judah Magarey	AUS	6:35	
WOMEN:	Ava Gard	AUS	7:29	
TOP 5 ALL	TIME PERFORMANCE	S		
MEN				
1	Kobe Stewart	AUS	6:33	2018
2	Judah Magarey	AUS	6:35	2024
3	Kobi Rutherford	AUS	6:43	2011
4	Judah Magarey	AUS	6:46	2023
4	Patrick Reid	AUS	6:46	2024
WOMEN				
1	Imogen Stewart	AUS	6:47	2016
2	Victoria Huang	AUS	6:50	2023
3	Katrina Robinson	AUS	6:54	2011

Kyah Anderson

Imogen Stewart AUS

45

PRESENTED BY OBSICS

AUS

6:58

7:06

2017

2014



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DATES: 5 δ 6 July

COLLECTION: 10:30am - 2:30pm daily

LOCATION: Australia Fair Customer Service Desk, Level 1 (opposite Kmart)

First 500 customers per day. T&Cs apply.





WHEELCHAIR MARATHON

START TIME Sunday 6 July, 6:10am **RECOMMENDED ARRIVAL TIME** 5:10am **RACE BRIEFING** 3pm Saturday 5 July Crowne Plaza Surfers Paradise **CUT OFF TIME (GUN TIME)** 6 hours 45 minutes **ON STAGE PRESENTATION** 9:50am

FINISHER REWARDS Finisher shirt, finisher medal and certificate

PLACEGETTER PRIZE MONEY

1ST- \$2,500 **2ND**- \$1,250 **3RD**- \$500 For the full prize money and incentive money schedule for elite participants visit **goldcoastmarathon.com.au/prize-money**

RACE RECORDS

MEN:	Kurt Fearnley	AUS	1:30:18	2016
WOMEN:	Christie Dawes	AUS	1:43:45	2016

RACE INFORMATION

goldcoastmarathon.com.au/races/wheelchair-marathon

WHEELCHAIR MARATHON

FIELD WIDE OPEN FOR THE GOLD COAST WHEELCHAIR MARATHON

A field of veteran wheelchair marathon racers will take to the start line for the gruelling 42.195km event in 2025 with four former winners looking to reinforce their dominance over the distance this year.

The men's race will see Jake Lappin, a two-time Gold Coast Wheelchair Marathon race winner (2022 and 2024) returning to defend his title. He'll line up against fifty-one-year-old Kota Hokinoue, winner of the 2023 Gold Coast Wheelchair Marathon, who will fly the flag for Japan and go for the gold medal having settled for second place behind Lappin last year. USA Paralympian Tyler Byers (43) will use his first time racing on the Gold Coast to make his mark with popular local Bill Chaffey (49), winner in 2015 and 2019, hot on his wheels and keen for another top placing this year.

Relative newcomers to the marathon distance, Sam Rizzo (24) who made his international debut at the Gold Cost 2018 Commonwealth Games and Paralympic debut in Paris, and two-time Paralympian, Sam Carter (33) will be looking to edge out their more seasoned marathon competitors and take the finishers tape in hand this year.

In the women's race, Madison de Rozario OAM, a three-time Gold Coast Wheelchair Marathon winner (2018, 2019 and 2022) who also boasts a swag of medals for Paralympics, Commonwealth Games and World Championships is the raging hot favourite. She'll be joined on the start line by Mikaela Dingley who will be making her wheelchair marathon debut and has experience with the Gold Coast streets after winning the 2022 Gold Coast Wheelchair 10km.

The Gold Coast Wheelchair Men's and Women's Marathon boasts a record 16 entrants and with a wide-open field it will be an exciting race to watch with experience challenging youth for glory and finish line honours on the day.

The men's race record is 1:30:18 set by Kurt Fearnley OAM and the women's race record is 1:43:45 set by Christie Dawes. Both records were set in 2016 the year both athletes were tuning up for the 2016 Rio Paralympics.

WHEELCHAIR 10KM

START TIME Saturday 5 July, 9:15am RECOMMENDED ARRIVAL TIME 8:15am CUT OFF TIME (GUN TIME) 1 hour 45 minutes ON STAGE PRESENTATION 10:40am

FINISHER REWARDS Finisher shirt, finisher medal and certificate

PLACEGETTER PRIZE MONEY

1ST- \$500 **2ND**- \$300 **3RD**- \$200 For the full prize money and incentive money schedule for elite participants visit **goldcoastmarathon.com.au/prize-money**

RACE RECORDS

MEN:	Samuel Rizzo	AUS	23:59	2022
WOMEN:	Emily Tapp	AUS	31:41	2023

RACE INFORMATION goldcoastmarathon.com.au/races/wheelchair-10km

WHEELCHAIR 5KM

START TIME Saturday 5 July, 11:30am **RECOMMENDED ARRIVAL TIME** 9:00am **CUT OFF TIME (GUN TIME)** 50 minutes **ON STAGE PRESENTATION** 12:25pm

FINISHER REWARDS Finisher shirt, finisher medal and certificate

PLACEGETTER PRIZE MONEY

1ST- \$300 **2ND**- \$200 **3RD**- \$100 For the full prize money and incentive money schedule for elite participants visit **goldcoastmarathon.com.au/prize-money**

RACE INFORMATION goldcoastmarathon.com.au/races/wheelchair-5km



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Crafted with purpose, this year's medal reflects the textures and tones of our coastal home. The ripple of the ocean. The golden grains of sand. The clear blue expanse of Queensland sky. Every detail tells a story - your story - of triumph, determination, and the road to the finish line.



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ROLL THE ASICS GOLD COAST MARATHON.

FIXX NUTRITION GOLD COAST DOUBLE 63.3KM

In 2025, a record-breaking 715 participants are taking on the ultimate test of endurance – the Fixx Nutrition Gold Coast Double 63.3km. This challenge sees runners complete the China Airlines Half Marathon on Saturday 5 July, followed by the ASICS Gold Coast Marathon on Sunday 6 July.

Those who complete both races will receive an exclusive Fixx Nutrition Gold Coast Double medal and gift, along with all finisher rewards from each event. It's a one-of-a-kind event weekend experience at the ASICS Gold Coast Marathon for those ready to go the extra distance!

MY VOLUNTEERING EXPERIENCE WITH EMQ







In 2024, I was fortunate to volunteer as a media intern with the Events Management Queensland (EMQ) team for the ASICS Gold Coast Marathon. This opportunity allowed me to work with the team both in the weeks leading up to the marathon and the event weekend.

The entire experience was so valuable and gave me some great hands-on experience in a fast-paced media environment. In the lead up to the race weekend, I helped write copy for the marathon event guide which goes out to all participants and assisted in drafting media releases. During the race week, I attended several press conferences, including the one when we announced that we had hit 30,000 entries and the elite athletes press conference.

On marathon weekend I was right down at the finish line, getting athlete quotes and writing content for the website. A highlight of the experience was helping coordinate Nine's Today Show crew on the Sunday for their live weather crosses and interviews.

Working with the EMQ team was amazing! The team are so lovely, supportive, knowledgeable and willing to answer any questions. The volunteering environment is fun, fast paced and full of learning experiences. Volunteering gave me a first-hand insight into what it takes to deliver a major sporting event, and just how many moving parts must align to make it happen. I learnt about working to deadlines, working with athletes under pressure and how to create a good story line. I got to make some great contacts working in the media centre on race weekend and saw media working live in action - responding to deadlines, preparing copy to use on television, press, social, and online media and gathering footage and photography. FIXX

AUSTRALL

SHOKZ

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For anyone wanting to work in the media and event sector volunteering on major events is so essential, and EMQ is exceptional at creating a valuable experience.

I loved volunteering on the Gold Coast Marathon so much, that when the opportunity to volunteer on the 2024 Pan Pacific Masters Games came up, I jumped at the chance for another fantastic EMQ experience. I'm excited that this year I get to return to work with the media team and be part of the 2025 ASICS Gold Coast Marathon!

Summer Leury

TWO EMQ EVENTS ARE BETTER THAN ONE



A special running bond that began during COVID will continue for Brazilian born runner Mari Groth when she tackles the China Airlines Half Marathon at the ASICS Gold Coast Marathon.

Fresh off competing together in the Toowoomba Wellcamp Airport Marathon in May, Groth will again have running partner and good friend Grazi Silva by her side for the 21.0975km journey on Saturday 5 July.

The pair first met in a running group during COVID and their passion for competing in events has since taken them to running festivals right across SE Queensland.

"She's also from Brazil but we met here during COVID when everything was shut down," said Groth.

"When they started opening the parks, she started training with me, so we did a few outdoor sessions in the park and then we started doing triathlons and then we did some running events."

"We always do something at the ASICS Gold Coast Marathon, whether it's the 10k or the Half Marathon we always try to participate in it. It's more enjoyable together, especially because I don't listen to music when I run. We run the same pace, we can talk if we get bored and we can push each other if we need some motivation."

The duo have had a solid preparation for the ASICS Gold Coast Marathon after taking to the hills of Toowoomba and completing the challenging Half Marathon course in a time of 2 hours and 8 minutes - which should put them in good shape on Gold Coast's fast, flat track.

"We weren't training as much for Toowoomba so we were happy with whatever time we ran, we were like 'you know what, let's just enjoy it and see how we go'." said Mari.

"It was beautiful. The town is beautiful, it's such a nice place. It's small and you can run the whole city."

As well as forming a key part of their lead-up towards the ASICS Gold Coast Half Marathon, Toowoomba also allowed the duo to continue their five-year association with the Gold Coast event.

After missing the initial deadline, they were able to take advantage of the two-event special bundle offered for both Toowoomba and Gold Coast events.

"We were bummed that we were not going to do it this year because we didn't sign up and then they were all sold out. Then when we saw the Toowoomba promo to get the registration for the Gold Coast, I was like, I just got an email, we've got to jump on that email."

"We usually run Gold Coast together, I think two years ago we did the half marathon on the Saturday and the 10km on the Sunday."

As an honorary Gold Coaster, the EMF personal trainer said she loved the sense of community about her hometown event.

"It's great because you just see so many people that you know. You see people cheering that you know from the gym or someone you've met somewhere in your life."

"And it's close to home, so you can just take the tram, and go there.

I think the community that we have here on the Gold Coast and that vibe, that connection. I mean, that's the best."

GET RACE WEEKEND READY!



APP FEATURES

Results

- Live Tracking (Marathon/Half Marathon) - NOTE: Participants do not need to carry their phones for this feature to work.
- Live tracking uses split times to predict runners course position.
- Live Splits (Marathon/Half Marathon/10km) Follow Multiple Runners
- Live Leaderboard *LIVE TRACKING IN 42KM AND 21KM RACES USES SPLIT TIMES FROM THE Finish Line Camera Event Schedule

Livestream

Course Maps

Fan Zone Locations

Notifications & Updates

TIMING CHIP TO PREDICT RUNNER'S **COURSE POSITION** - NO NEED TO TAKE YOUR PHONE

START ZONES

Start zones will be in place at the start line of each race to ensure a smooth start. Participants are asked to assemble in the appropriate zone as indicated by the letter printed on their race number. If you wish to run with friends or family who are starting in a different start zone, you may start in a slower zone than that printed on your race number. Please be aware that anyone found deliberately running out of their designated start zone may be disqualified without a race result.

ASICS GOLD COAST MARATHON



CHINA AIRLINES HALF MARATHON



SOUTHERN CROSS UNIVERSITY 10KM RUN



GOLD COAST AIRPORT 5KM



AUSTRALIA FAIR 2KM JUNIOR DASH



START WAVES

MARATHON START WAVES

Your marathon journey begins with a structured wave start to ensure a smooth and safe race experience. All participants need to be in their allocated start zone by 6:05am. **First Wave** - 6:15am: Seeded, Priority, Start Zone A, & Start Zone B

Second Wave - 6:25am: Start Zone C

Third Wave - 6:35am: Start Zone D and Start Zone E Bunting will be held between each wave to manage the flow and maintain an efficient start sequence.

5KM START WAVES

There will be three waves with the first starting at 11:45am: Wave 1 - Seeded, Priority, Start Zone A, and Start Zone B Wave 2 - Start Zone C

Wave 3 - Start Zone D

This staggered start helps maintain flow and provides all runners with the best possible experience. Each wave will have it's own start gun.

2KM JUNIOR DASH START WAVES

There will be two waves with the first starting at 11:00am: **Wave 1** - Children running by themselves **Wave 2** - Children running with an accompanying adult If your child wishes to run competitively, we recommend them starting in wave 1. Wave 2 is designed for participation. This staggered start helps maintain flow and provides all runners with the best possible experience. Each wave will have it's own start gun.



ALL START ZONES LOADED BY 6:05AM

WAVE 1 - 6:15AM Seeded, Priority, Start Zone A & Start Zone B

> WAVE 2 - 6:25AM Start Zone C

WAVE 3 - 6:35AM Start Zone D and Start Zone E

∂asics | GOLD COAST ≈ MARATHON



GCM PACERS POWERED BY PAT CARROLL

The GCM Pacers assist participants to their time goals in the ASICS Gold Coast Marathon, China Airlines Half Marathon and Southern Cross University 10km Run. Pacers are experienced runners who aim to maintain an even pace throughout the race with the goal to have you finishing slightly faster (30 seconds or so) than your goal time.

For easy visibility, the pace runners will be carrying a coloured balloon and a goal time sign high amongst the starting runners. Each pace runner will also wear a singlet with the goal time marked on the back. It's important to know the start zone your pace runner will be in and ensure you choose the same start zone when you enter so you can start the race near your pace runner.

Each pace time will have at least two pace runners who will lead the pace (off net-time) whilst guiding & motivating you throughout the race.

Pacers will run to the 'Net Time' (also called 'Chip Time'). Net Time is the time it takes you to complete the distance once you've crossed the start line. Note: Due to participant numbers, it may take several minutes to cross the start line after the gun is fired.



aht This year also marks m





Pace Group: 4 hrs 15 mins

ove for the short and love to achieve

s by helping them on race day"

ed it is rewarding

JOHN BRERETON Pace Group: 4 hrs Pace: 5:42 min/kr hlight of every year. I enjoy it ing or pacing but the bigges lieve their goal

CKENZIE

IY LIM

ove to run, this will be my 11th official Gold hast Marathon distance and will be my 5th pacing



FIND YOUR PACER

atisfaction of seeing others achieve what be the biggest challenge of their life" ter the enjoyment of getting people in CM24 to their goals, the opportunity to GCM25 was high on the card to do

"MAKES ME FEEL ON **TOP OF THE** WORLD"

THAT HOLIDAY FEELING

O'REILLY'S RAINFOREST RETREAT - GOLD COAST

ASICS GOLD COAST MARATHON



CHINA AIRLINES HALF MARATHON



SOUTHERN CROSS UNIVERSITY 10KM RUN



ASICS GOLD COAST MARATHON LEGEND AMBASSADORS

Meet your ASICS Gold Coast Marathon Legend Ambassadors in person at the ASICS Sport & Leisure Expo! Deek, Mona, Benita and Pat will be holding a one-hour signing session on Friday 4 July from 12.30pm to 1.30pm, located in front of the GCM History Wall just after the ASICS exhibit. Don't miss this chance to grab a signature, snap a photo, and be inspired by some of Australia's greatest distance running legends!

ROB DE CASTELLA



The legendary Rob De Castella, better known as 'Deek', is a two-time Commonwealth Games gold medallist in the marathon and held the world record for three years after winning the Fukuoka Marathon in 1981. 'Deek' was the Australian Marathon Record holder up until 2022 with a time of 2:07:51 which he set at the Boston Marathon in 1986.



'Mona' has a complete set of Commonwealth Games medals in the marathon with a bronze from 1986, silver from 1990 and gold from 1994. The Ballarat running legend has a best marathon time of 2:08:16 set in Berlin in 1990, and four Olympic Games representations. He was also the Australian team Chef de Mission at the Gold Coast 2018 Commonwealth Games.



Benita is a four time Olympian and former Australian female marathon record holder, with a time of 2:22:36 which she set at the 2006 Chicago Marathon. Her foremost achievement was when Benita was crowned as the World Cross Country champion in 2004. She is one of Australia's most versatile runners, holding records on the track and road across her career.



Pat has, what many say, the greatest honour roll of any athlete at the Gold Coast Marathon. He is a four-time Gold Coast Marathon winner plus has wins in the Half Marathon and 10km Run. The Queensland Record holder for the 5,000m, half marathon and marathon, 'PC' achieved his marathon personal best of 2:09:39 when he won the 1995 Beppu Marathon.

ASICS GOLD COAST MARATHON AMBASSADOR

PETE RUDLAND

Pete has represented the ADF in three Invictus Games winning two gold medals in recumbent cycling and one in wheelchair rugby. Pete has nearly three decades of experience in the Australian army and was deployed to Cambodia, East Timor, Iraq and Afghanistan. In 2010, a Blackhawk helicopter crash in Afghanistan left Pete with skeletal injuries and a traumatic brain injury, he now aids veterans with post –traumatic stress and physical injuries.



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Help patients just like Ivy get life-saving support. When a health crisis hits, having access to the best possible health care can make all the difference, it could help save a life.





Equipment

GOLD COASTERS HELPING GOLD COASTERS

Helping families in need since 2000



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Made for training. Built for the finish line.

Run Gold Coast in the #1 performance sock in the USA.

Come see us at the GCM Expo, and stock up with event-only deals for race day & recovery.

Shop online at feetures.com.au

BONZA! THE ASICS GOLD COAST MARATHON MASCOT.

LIKE ALL BEARDED DRAGONS. I LOVE TO RUN!

I normally hibernate during the cooler months, but I knew this race was one-of-a-kind and I had to be a part of the aood times.

But, if I wanted to become the first bearded dragon to run at the ASICS Gold Coast Marathon, I'd have to stop bludging and take a break from chilling with my surfing buddies and start training.

Luckily for me, I'm a gifted runner. You see, after I was born, instead of running around on four legs like my siblings, I ran flat out like a lizard drinking around Burleigh Head National Park on my hind-legs.

> BONZA 40

It didn't take me long to find a local running group who enjoy the thrill of running as much as me.

I've been clocking up plenty of kilometres on the beautiful beachfront in perfect conditions along the marathon route and now I'm ready to join you and Run Gold Coast!

I'll be stoked to give you a high-five or grab a selfie as you cross the finish line.

All the best with your training and I look forward to seeing you at the ASICS Gold Coast Marathon!

MEET BONZA DURING RACE WEEK ASICS Sport & Leisure Expo Friday 4 July, 4:30pm - 6:30pm Race precinct

Saturday 5 July & Sunday 6 July





ASICS GOLD COAST MARATHON BY THE NUMBERS









ONLY EVENT IN OCEANIA WITH



TAKING ON THE FIXX NUTRITION 63.3KM GOLD COAST DOUBLE

HALF MARATHON & MARATHON

VOLUNTEERS AND COUNTLESS COMMUNITY GROUPS WORK WITH US

NUMBER OF STREET, STORE STORE



BONZA PLUSH TOY & BAG TAG

Own your very own Bonza Plush toy or Bag Tag. Available at the GCM Collectors booth at the ASICS Sport & Leisure expo.









RACE PRECINCT

LOCATION OF THE RACE PRECINCT

The Race Precinct is located at the Broadwater Parklands, Marine Parade, Southport.

It is the centre of all the action and atmosphere on race weekend and features the start and finish lines, event entertainment lawn, food and beverages, toilets, bag drop, information booth, a lost persons' tent and it's easily accessible via the G:link.







ASICS GOLD COAST MARATHON COURSE MAP

CHINA AIRLINES HALF MARATHON COURSE MAP



SOUTHERN CROSS UNIVERSITY 10KM RUN COURSE MAP

GOLD COAST AIRPORT 5KM COURSE MAP



TRANSPORT

Whether you drive and park, catch a bus or tram, get dropped off or walk if you are staying close by, it's important to plan how you'll get to and from the race precinct. Please ensure you arrive at least one hour before your race.

G:LINK - TRAM

Free travel to and from the Race Precinct will only be available to registered participants between 4:00am -2:30pm on Saturday & 4:00am - 3:30pm Sunday. Display your race number when boarding. Standard Translink fares apply to non-registered accompanying persons. Services run from Broadbeach South to Helensvale.

For the easiest tram access, disembark at Southern Broadwater Parklands station and follow directional signage to the event precinct.

Plan ahead and allow extra time for your journey to ensure a smooth arrival at the event.

SATURDAY 5 JULY

Services will operate on a 6.5 minute frequency from 4:00am - 11:00am in both directions. From 11:00am -1:00pm, services will operate on a 7.5 minute frequency in both directions. From 1:00pm services will operate as per the regular weekend schedule.

Please note: During the Southern Cross University 10km Run, road crossings will be unavailable. To access the event precinct, please use the Sundale Bridge underpass.

SUNDAY 6 JULY

Services will operate on a 6.5 minute frequency from 4:00am - 6:30am. From 6:30am - 1:30pm, services will operate on a 7.5 minute frequency in both directions. From 1:30pm services will operate as per the regular weekend schedule.

LIME BIKE PARKING

Please see below the designated Lime bike parking and drop off areas North and South of the event precinct.







ROAD CLOSURES

To ensure the safety of participants, volunteers and spectators, police-controlled road closures will be in place from Paradise Point to Miami.

SATURDAY 5 JULY

Roads will be closed from 3:30am and will progressively reopen as events are completed. All roads are scheduled to reopen by 13:30pm.

SUNDAY 6 JULY

Roads will be closed from 3:30am and will progressively reopen as events are completed. All roads are scheduled to reopen by 2:30pm.



TRANSPORT

BUS

Normal Gold Coast bus services on will be in operation with standard fares to be charged.

SUNDAY 6 JULY

To ensure smooth transport to the event precinct, additional shuttle bus services have been organised to supplement the trams in case they reach capacity.

Broadbeach Shuttle Route:

Operating Hours: 4:30am - 5:30am (last bus departs at 5:15am)

Buses will depart from Broadbeach South Tram Station, making stops at:

Broadbeach North
 · Florida Gardens
 · Northcliffe

Please note that you will need to cross the road to access the bus stops.

Surfers Paradise Shuttle Route:

Operating Hours: 4:30am - 5:45am (last bus departs at 5:30am)

Buses will depart from: • Cavill Avenue • Cypress Avenue

For a seamless travel experience, please follow the guidance of on-ground bus staff, who will assist in directing passengers efficiently.

CAR

Drop Off Zone

The Drop Off Zone is on Davenport St (north of Windmill St). Vehicles are to access Davenport St via Nerang St and exit via Nind St (westbound). The Drop Off Zone is a 5min walk to the Race Precinct along Nind St (eastbound).

Parking

People with a disability parking permit may use the VIP car park at Carey Park in front of Australia Fair Shopping Centre.

Broadwater Parklands Car Park

(Gold Coast Aquatic Centre Car Park) The Broadwater Parklands Car Park in Southport will be fully closed from 5am Monday 23 June through to 5pm Thursday 10 July.

Tow Away Zones

Parking restrictions will apply on the course and vehicles will be towed at the owner's expense. Refer to event signage for these locations.

Pedestrian crossings

Pedestrian crossings on the Gold Coast Highway to access the Race Precinct will be located at Ada Bell Way (one crossing), Marine Pde (one crossing), Nerang St (one crossing), Nind St (one crossing), North St (one crossing).

Boat Ramps

Access to boat ramps along the event course will be restricted during the race weekend. Please refer to the road closure summary for details.





DROP OFF

The Drop Off Zone is on Davenport Street (north of Windmill Street). Vehicles are to access Davenport Street via Nerang Street and exit via Nind Street (westbound)



	Car Park	Saturday 5 July	Sunday 6 July
P1	Australia Fair Shopping Centre (east side)	Open from 4am 0-3 hrs free Fees apply after 3 hrs	Open from 4am 0-3 hrs free. Fees apply after 3 hrs
P3	Mal Burke Car Park, Hicks Street	Free until 9am \$2.40 / hr	Free
P4	Athol Patterson, Suter Street	Free until 9am \$2.40 / hr	Free

ASICS SPORTS AND LEISURE EXPO

SPECTATORS AND SUPPORTERS

Be a part of the buzz and excitement of Australia's

Runaway Bay to Miami and encourage thousands of

favourite marathon by lining the Gold Coast streets from

runners to marathon glory. Celebrate good times and soak

up the thriving atmosphere with live local entertainment at various vantage points along the 42.195km course.

Grab some breakfast at one of the cafes and clubs on

course for the energy you'll need to cheer to your heart's

content! Decorate your house or business, capture your special moments by tagging your spectator photos to

social media with #GCM25 or watch our live stream at

goldcoastmarathon.com.au. You can even follow your friend or family member running via the results page!

SPECTATOR VIEW LOCATIONS

FIND THE GCM FAN ZONES

OR GO TO OUR WEBSITE

ON THE GCM APP

The annual ASICS Sport & Leisure Expo adds even more colour and atmosphere to the ASICS Gold Coast Marathon weekend. It's Australia's favourite running expo and is expected to attract close to 50,000 visitors with free admission for the general public.

There are more than 60 exhibitors, including a huge display of ASICS footwear and fashion, the latest in fitness technology, nutrition and events, and all-important race information for the ASICS Gold Coast Marathon.

Free WiFi will be available to all attendees.

Our exhibitors will be treating you to some great offers at 2025 ASICS Sport & Leisure Expo.

WHERE

Gold Coast Convention & Exhibition Centre 2684-2690 Gold Coast Highway, Broadbeach QLD 4218

WHEN

Thursday 3 July, 2025 10am - 7pm Friday 4 July, 2025 8am - 7pm Saturday 5 July, 2025 10am - 4pm

SHOW YOUR SUPPORT & WIN!

Show your support and create a sign that supports runners or brings a smile to their face.

To enter tag a photo of your supporters sign @gcmarathon on instagram and use the hashtag #GCM25supporters to win Shokz Headphones. The winner will be notified on the 11 July 2025.

Good Luck and happy supporting!







SHÔKZ

Race-Approved Open-Ear Headphones

2025 New Arrivals | Try them on at the Shokz booth today!



OPENDOTS ONE



Light Clip, Powerful Sound Shokz's First Clip-on Earbuds Design

Click the button or search "Shokz" to learn more

Open-Ear Comfort, Ultimate Sound Open-Ear True Wireless Earbuds

OPENFIT 2+



2. ASICS SUPPORTER ZONE **1. EVENT PRECINCT** Southport Broadwater Harley Park, Parklands Marine Pde, Start/Finish Line, Labrador Big Screen, DJ & Hype Squad Music & Food



3. SURFERS PARADISE Eileen Peters Park & Cavill Ave, Esplanade, Surfers Paradise **Experience Gold Coast** activation & Live entertainment



Pratten Park,

Broadbeach

Big screen, DJ

Sea FM Live Site,

LEGEND

M KM MARKER

🕒 GELS-30.5KM



NORTH

PACIFIC OCEAN

5. MIAMI - SOUTHERN TURN Corner Marine Pde & Riviera Rd Entertainment, DJ & **Nu-Pure Southern Turn**



COMMENTARY TEAM

START AND FINISH LINE

PETE MURRAY

Pete Murray brings over 15 years of experience as a respected and energetic voice in endurance sports commentary. Known for his ability to connect with athletes and spectators alike, Pete has travelled the world sharing the stories and moments that make race day so special. His passion lies in celebrating the determination, grit, and personal journeys of every runner who makes it to the start line.

As a father of four and a long-time endurance sport enthusiast himself, Pete's positivity and energy are infectious. Whether welcoming first-timers or seasoned marathoners across the finish line, he creates an atmosphere that leaves every athlete with a lasting memory of their achievement. In 2025, Pete joins the ASICS Gold Coast Marathon as a new start and finish line MC, ready to help deliver an unforgettable event weekend experience.

PRESENTATIONS

BROOKE HANSON OLY OAM

Returning as Presentation MC for a second year, Olympic gold and silver medallist Brooke Hanson brings her trademark energy, warmth and inspiration to the ASICS Gold Coast Marathon.

One of Australia's most recognised Olympians, Brooke is now a sought-after keynote speaker, media personality and health and wellbeing advocate. Known for her uplifting story of resilience and purpose, she continues to motivate audiences across the country with her passion for positivity, peak performance and living life to the fullest.

JAPANESE COMMENTATOR

IRENE NICHOLSON

After a six-year hiatus, we're delighted to welcome Irene Nicholson back to the commentary team. Irene will be calling our Japanese runners across the finish line in their native language.

START AND FINISH LINE



Gold Coast local Liam Flanagan brings his trademark energy and wit to the start and finish lines as our new MC in 2025. A familiar voice to many, Liam began his career with Triple M over a decade ago and has worn many hats since - from drive show host to sports commentator. He currently hosts on Triple M and co-hosts the In the Beginning podcast, which in 2025 featured a dedicated 12-week Gold Coast Marathon series.

While Liam had planned to be on the start line as a runner this year, an untimely injury saw him sidelined - but lucky for us, it means we now get to experience his passion and personality centre stage as our MC.

ASICS SPORT & LEISURE EXPO LIAM RYAN

Returning for his second year as MC of the ASICS Sport & Leisure Expo, Liam Ryan is an all-round sports enthusiast qualified Sports & Exercise Physiotherapist.

When he's not in the physic clinic, you'll find him behind the mic doing sports commentary or out in the community competing in or supporting local swim, run, cycle and surf lifesaving events. A familiar face on the Gold Coast, Liam brings great energy and local knowledge to the ASICS Sport & Leisure Expo, and you will see him out running in the ASICS Gold Coast Marathon.



The Big Voice is back to bring the beats to the ASICS **Gold Coast Marathon!**

At 2.01m tall, DJ Tallie is hard to miss! A regular on the Australian event scene, DJ Tallie works as both a DJ and MC known for his big energy and love of live crowds. He'll be pumping up the atmosphere and creating the ultimate finish line vibe all weekend long.

HEART AND SOUL BEYOND THE FINISH LINE

Every July, as thousands cross the Gold Coast Marathon finish line, two familiar faces have been a constant -Sandra Brett in the recovery area and Ian Fournier at the finish line.



Between them, they've clocked up more than 50 years of service, part of the glue that has held the event together. Following their retirement as marathon competitors in the late 1990s, both made a seamless transition from runners to volunteers, stepping to the other side of the fence - and never looking back. So, what has kept them returning, vear after year?

"We basically still do this because of the people ... the people that run (organise) it," said Fournier.

Sipping a cappuccino at their favourite coffee shop in Burleigh, where they meet every Sunday after their weekend runs, Sandra adds: "They make it so easy for you. They're such lovely people." Fournier continues: "I've got a crew of about 12 people. Some of them have been with me for 20 years plus and they come to help. "People help people."

FAMILY TIES AND FINISH LINES

For Fournier, the event has become a multigenerational tradition. What began as a solo volunteering gig has now grown to include his three sons, their partners - and even his grandchildren.

"My boys started helping when they were teenagers, they come and help and they love doing it. My eldest boy runs the Comms. He is an ex-paramedic so he's used to the communications. Another one of the boys works out on the road, he's still a paramedic so he's handy to have out there. And my young bloke (now in his 50s) comes and helps in my area."

FROM GOLDEN SANDS TO GLOBAL EVENT

Over the years, both Brett and Fournier have witnessed the event evolve from a great community event to a major international fixture that now attracts tens of thousands and reaches capacity each year. Brett says the professionalism of the event has grown enormously.

"There are things they do here that other events don't do. I don't know of any other race for a 10k that gives you a finisher's shirt." she says.

It's a small gesture, she says, but one that adds to the friendly, community-focused atmosphere the event has become known for.

"It's a good vibe and particularly when they get to my area and they can relax, they're all like a pack of magpies chatting away, saying 'what time did you do, wasn't that great! And the most important thing is to get through and get that shirt and medal."

H. LA

She says the move from a privately-run operation to being backed by Events Management Queensland has been a turning point.

"I think the biggest change is in the actual organisation of the race, how that's evolved over the years. Because it was sort of like a privately run situation right back in the old days when Dusty Lewis was running it as the director and he financed it. So, obviously, you didn't have all the money behind it that the organisations have today. And even that's got better and better over the last several years as well."

"I certainly wouldn't be involved now if it hadn't been for the crews that they've brought in over recent years. Everything's just done professionally and on time. So there's no stress on our part. Probably on their part, there's still a lot but it makes it a lot easier for me, because I'm getting older and I just couldn't do the physical stuff anymore. Throwing trestle tables around and all that sort of stuff.... It's not in my bag of tricks anymore."

HOW TIMES HAVE CHANGED

With decades of involvement under their belts Brett and Fournier have seen just how much the event has changed especially when it comes to technology.

"The way we used to do things in those days with all the manual timing, somebody on the finish line with a stopwatch and with a paper thing in it, which would churn out the times, and everybody had to stay in line once they crossed the finish line. We'd rip off their number and put it on a long string and they'd match up the numbers with those."

And with thousands of runners passing through their areas over the years. Brett and Fournier have no shortage of stories.

"A guy carried a mattress in the marathon one year, the whole way," laughed Fournier.

Brett added: "You do get the odd character dressed up. How they can run all day in a marathon all dressed up I don't know, it's unbelievable."

Fournier continues: "One year we didn't have a cut off time. There were literally people doing what we're doing right now... stopping at a cafe, have a coffee, some raisin toast and then continuing the race. Pretty much after that we introduced a cut off time."

STILL WAITING AT THE LINE

But even with the introduction of cut off times, there is still one priority for Fournier and Brett.

"We still wait for them to come ... if we know they are still out there, we just hang around and wait," said Brett.

Fournier adds: "You want people to have a good experience."

And after decades of service, that's exactly what they've continued to deliver - one medal, one finisher shirt at a time.

GUINNESS WORLD RECORD HOLDERS TO MEET

FINISH LINE CAMERA



Gold Coast based marathon runner Erchana Murray-Bartlett will come face to face with the Belgian born ultra runner who smashed her world record when 55-year-old Hilde Dosogne heads to the Gold Coast, Australia to add another marathon to her growing list of achievements.

Remarkably, Dosogne ran a marathon (42.195km) every day in 2024 and being a leap year that meant 366 consecutive days, a total of 15,544 kilometres, burning close to 2600 calories each day of the run and raising almost \$100,000 for breast cancer research.

The herculean effort earnt Dosogne a Guiness World Record and surpassed Murray-Bartlett's previous world record for most consecutive marathons when she ran an amazing 150 marathons in 150 days from August 2022 – January 2023.

The two world record holders have already shared a special relationship from afar, with Dosogne making a point of contacting Murray-Bartlett for advice prior to her world record attempt.

However, their first meeting on Gold Coast soil will be a more intimate affair as Dosogne gets to show her appreciation to the Australian in the flesh.

"I'm looking forward to meeting Erchana at the Gold Coast Marathon," said Dosogne.

"Indeed I was inspired by her. In fact, I contacted her before I started with the marathons and she was so kind to support me." Erchana Murray-Bartlett

"Both Erchana and I dedicated our marathon journeys to charitable causes: hers focused on wildlife conservation, while mine supported breast cancer research."

Dosogne will make her first trip to Australia in almost a decade when she takes part in the ASICS Gold Coast Marathon, having previously travelled to Queensland on holidays in 2016.

It will be a similar blend this time around with her travels being a mix of business and pleasure alongside her husband Bruno Van der Jeught, who is on business travelling to the Bundaberg Sugar factory as part of his role as technical director for Finasucre.

"It (the Gold Coast Marathon) happened more by chance, I had planned for a long time to join my husband (in Australia) for a month in July," she said.

"He has to be there for work and I was looking for a marathon to run there."

After her marathon efforts during 2024, Dosogne has planned a somewhat quieter year of competition in 2025 as she focuses on two main targets.

The Gold Coast Marathon will be the first of those and a significant stepping stone in her program towards the Spartathlon - a 246 km (153 miles) ultramarathon in Greece from September 27-28, 2025.

"This trip to Australia is a combination of vacation and work. I'll be working remotely while also taking some time off. In my free time, I'll mainly be training for the Spartathlon and enjoying some cycling with my husband."



FINISH LINE CAMERA SATURDAY 5 JULY 2025

▷ WATCH LIVE



FINISH LINE CAMERA Sunday 6 July 2025

▷ WATCH LIVE

Queensland

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