



YOU'RE INVITED TO ENTER AUSTRALIA'S LEADING MARATHON





Run Gold Coast from SGD 1,398 | Departing 4th July 2019

# 41st Gold Coast Marathon Specials!

- 1st 30 runners enjoy a FREE general admission day pass ticket to **Currumbin Wildlife Sanctuary** 
  - 1st 60 runners enjoy FREE Operation Kookaburra Training



The good times start at goldcoastmarathon.com.au













- Fast, flat and scenic course
- IAAF Gold label event
- 60% of finishers record a personal best time
- World-class runner welfare and safety
- Awesome on-course entertainment and support from the locals
- Premium finisher shirt, medal and certificate
- Australia's leading running expo
- Live 5km split times and webcast
- Come for the run, stay for the fun on the Gold Coast!

### **TESTIMONIES**



GCM18 for me was my PB despite my last-minute shortened training program due to overseas travel. Nice weather and course and great atmosphere. Through Scenic Travel, all my logistics were well taken care of and I just had to run. Enjoyed this event and hope to return again to get my BQ - bigger buffer to confirm a slot.

Clarence Chan, Team FatBird, 1st time runner
Distance: 42.195km, Achieved season best of 2h 37m 34s

Last thought before the race: "Why am I doing this?"

First thought after the race: "When can I do this again?"

#GCM, a race where legends are created.
We find ourselves in the things we love.

**Peter Tan, Just Run Lah, repeat runner** Distance: 42.195km



few years back and have always remembered the great course and support. In 2018, I finally mustered up courage and took on the full marathon and was not failed by the consistent wonderful weather conditions, flat course and crowd support – I achieved my PB after 10 years! GCM has an electrifying atmosphere, with supporters calling your names and pushing you when you thought were going to give up. I will definitely be back again.

**Beverly Soon repeat runner from Team FatBird**Distance: 42.195km





## JOIN THE PARTY ON THE SCOOT GOLD COAST MARATHON FLIGHT!

Gold Coast Marathon fun starts with Scoot TR 6, departing Singapore on 4 July 2019! Make sure you secure a seat on this flight for a marathon of fun, games and prizes!

**#SCOOTGCMFLIGHT** 

### **RUN GOLD COAST PACKAGES FROM SGD1,398**

## 5/7 Days RUN GOLD COAST from SGD1,398 per person

Departure date: 4 July 2019

#### Package includes:

- Return airfare on Scoot (Inclusive of taxes and fees, 20kg checked baggage & 10kg hand carry luggage)
- 3/5 nights stay @
   Novotel Surfers Paradise or similar
- Daily breakfast
- Arrival and departure airport transfers (with stop at ASICS Sport & Leisure Expo on 5 July 2019)
- 2019 Gold Coast Marathon entry
- One-way transfer to race starting point on 7 July (both 21/42km run )
- Welcome seafood buffet dinner

### **41st Gold Coast Marathon Specials!**

- 1st 30 runners enjoy a FREE general admission day pass ticket to Currumbin Wildlife Sanctuary
- 1st 60 runners enjoy FREE Operation Kookaburra Training

#### FREE OPERATION KOOKABURRA TRAINING

- FREE Operation Kookaburra Training worth SGD \$180.
  Limited to 1st 60 runners! (great as beginner and refresher course!)
- Operation Kookaburra is a specially designed 12-week training program for Gold Coast Marathon participants only.
   It comprises Team FatBird's FlightZONES training system, led by experienced Marathon runners and pacers.
- Attend know-how clinics such Heart Rate Training, Marathon Training Principles, Injury-Free Running, Nutrition & Hydration, Pacing for a good race and race day preparations.
- Pre-race conditioning run (5 8 km) in Surfers Paradise, Gold Coast

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### **PACKAGES**

Package 5D3N  04 Jul SIN OOL ETD 2225 ETA 075 08 Jul OOL SIN ETD 0900 ETA 1515		Single Occupancy	Package 7D5N  04 Jul SIN OOL ETD 2225 ETA 0750 10 Jul OOL SIN ETD 0900 ETA 1515		Single Occupancy
42km	S\$1508	S\$1838	42km	S\$1698	S\$2108
21km	S\$1468	S\$1798	21km	S\$1658	S\$2068
10km	S\$1428	S\$1758	10km	S\$1618	S\$2028
5.7km	S\$1398	S\$1738	5.7km	S\$1598	S\$2008

Terms & Conditions

Price are based on min. group size of 30 persons travelling together. Deviation charge apply (subject to seat availability). Child 75% of adult twin.

#### **ITINERARY**

2 05 Jul 2019 Arrive Gold Coast, transfer to Gold Coast Convention Centre to collect your running kit 3 06 Jul 2019 Optional Gold Coast Airport 5km Fun Run, Southern Cross University 10km Run or sightseeing 4 07 Jul 2019 Assemble at hotel lobby for your transfer to Gold Coast Marathon 2019 starting point. Make your own way back to the hotel after race. 5 08 Jul 2019 Transfer to Gold Coast Airport for flight departure. Gold Coast - Singapore TR7 6 09 Jul 2019 Free at leisure to explore Gold Coast 7 10 Jul 2019 Transfer to Gold Coast Airport for flight departure. Gold Coast - Singapore TR7	1	04 Jul 2019	Singapore - Gold Coast TR6
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·	6	09 Jul 2019	Free at leisure to explore Gold Coast
	7	10 Jul 2019	·

## **COME FOR THE RUN, STAY FOR THE FUN!**

Gold Coast is Australia's favourite playground of entertainment and adventure. Feel the excitement of life in the fun lane, where the sun shines, the surf's up and you're spoilt for choice with an endless variety of things to see and do all year round. We show you how to have good fun in famous Gold Coast post-run!



**Go Jetboating**Go Jetboating and experience a roller-coaster on water!



**SkyPoint Climb**Scale the tallest building in Gold Coast!



Aqua Duck
Cruise Gold Coast without
leaving your seat. Simply
kick back and enjoy the
journey. Great pre-race tour!



**Up Close with Humpbacks** Catch the humpback whales on their annual winter pilgrimage from the Antarctic to warmer oceans.



Thrilling Rides
The tallest, longest and fastest!
One of the world's best
HyperCoasters! Ride it now!



**Currumbin Wildlife Sanctuary** Get up close to all kind of native animals or cuddle a koala and feed the kangaroos!



Harbour Town Gold Coast Shop your heart out at Australia's Largest Outlet Shopping Centre.



**4WD Tour of Mount Tamborine** Sign up for a 4WD safari with Southern Cross 4WD Tours.



Hot Air Balloon Flights For early birds, catch Gold Coast's beautiful sunrise in the hinterland.



Pacific Fair Newly renovated with approximately 420 shops, restaurants and entertainment destinations under one roof.



**Night Quarter Market**Gold Coast's newest creative playground with over 120 speciality food purveyors, designers, musicians and craftspeople. *Pic: Michael Greves* 



G:Link
Unlimited bus and G:Link
tram rides for AUD 10/day
on the GoExplore card!
Get to all the great spots
such as Pacific Fair and
NightQuarter on the G:Link!

#### **OPTIONAL TOURS**

Optional Tour	Adult	Child	Offer	
Dreamworld (with return transfer)	S\$100	S\$65	FREE entry to SkyPoint & koala photo	
Catch a crab tour with morning tea, mud crab and oyster tasting (includes transfer)	S\$85	S\$58	N/A	
SkyPoint Climb - Day Climb	S\$80	N/A		
Movieworld / Seaworld (with return transfer)	S\$100	S\$65		
Currumbin Wildlife Santuary (Admission ticket only)	S\$54	S\$38		
Aquaduck Safari Gold Coast	\$40	\$30	2nd adult at child rate	
Paradise Jet Boating Adventure Ride	S\$72	S\$54		
Whales in Paradise	S\$105	S\$76		
Southern Cross 4WD Tour			2nd adult 50% off	
~ Full day Rainforest Tour - Window to the Wilderness (0800hrs)	S\$168	S\$108		
~ Half day Mount Tamborine Tour Outback Tracks (0800hrs)	S\$98	S\$68		
~ Half day World Heritage Tour - Natural Bridge Springbrook (1230hrs)	S\$98	S\$68		
~ Half day Nocturnal Rainforest and Glow Worm Tour (1800hrs)	S\$108	S\$80		
Hot Air Balloning & Champagne Breakfast (0400hrs) Sun-Thurs departure only   Included A\$30 per person aviation insurance levy	S\$270	S\$220		